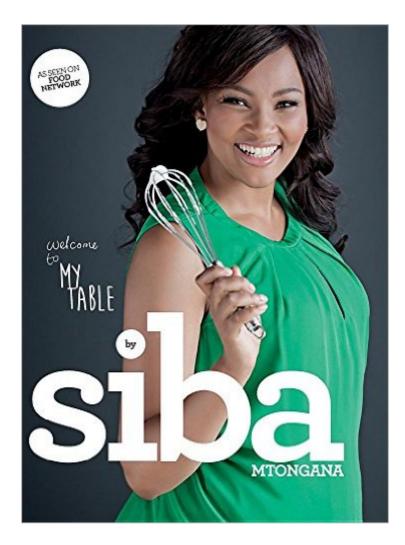
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## **My Table**





## Synopsis

My Table is Celebrity TV Chef, Siba Mtongana's first book, featuring 120 recipes from Season One and Two of her Hit Food Network Television series Siba's Table, with some new additions. Use this book to create "simple, yet sophisticated food with a cosmopolitan flair" and be the star of your dinner table. If your married, a single parent, or just a young person who wants to glam up your meals, but don't have the time to spend hours in the kitchen, this is the book for you. Siba Mtongana is the Queen of Convenience. She shows you how to make dinner in no time; and provides the kind of tips that'll make something you whipped up in under an hour look like you've been slaving over the stove all day. Her recipes reflect her local roots, international food trends and some of the exotic flavours and ideas she's picked up on her travels around the world. You'll find ways to jazz up salads and veggies; discover deeply satisfying roasts and mouth-watering fish dishes. Her 'Local is Lekker' section provides a personal take on an array of traditional South African favourites, which she calls "Sibalicious"! Siba is well known for her television show 'Siba's Table' on the Food Network channel, now seen in more than 150 countries worldwide, and over 60 million homes in the USA alone. In 2014 Siba made Oprah Magazine's prestigious '2014 O Power List' of 21 African women rocking the world. Siba has won three prestigious Galliova Awards for her recipe's, food styling and food journalism. She holds a degree in Food and Consumer Sciences, with majors in Food, Food Science and Nutrition.

## **Book Information**

Series: My Table (Book 1) Hardcover: 296 pages Publisher: Pilovision Media; Welcome to My Table ed. edition (February 25, 2016) Language: English ISBN-10: 0620692340 ISBN-13: 978-0620692342 Product Dimensions: 8.2 x 0.9 x 10.8 inches Shipping Weight: 2.4 pounds (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #377,572 in Books (See Top 100 in Books) #42 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Garnishes #405 in Books > Cookbooks, Food & Wine > Celebrities & TV Shows

The Vermont Farm Table Cookbook: 150 Home Grown Recipes from the Green Mountain State (The Farm Table Cookbook) The New Mexico Farm Table Cookbook: 100 Homegrown Recipes from the Land of Enchantment (The Farm Table Cookbook) Money on the Table: What You Don't Know Leaves Money on the Table How Did That Get to My Table? Salad (Community Connections: How Did That Get to My Table?) How Did That Get to My Table? Orange Juice (Community Connections: How Did That Get to My Table?) How to Print Fabric: Kitchen-table Techniques for Over 20 Hand-printed Home Accessories Early American Pressed Glass: A Classification of Patterns Collectible in Sets Together With Individual Pieces for Table Decorations Expert Card Technique: Close-Up Table Magic At the Devil's Table: The Untold Story of the Insider Who Brought Down the Cali Cartel The Disappearing Spoon: And Other True Tales of Madness, Love, and the History of the World from the Periodic Table of the Elements 2017 Bon Appetit Wall Calendar: Farm to Table Farm to Table 2016 Wall Calendar: Recipes & Tips by Ann Lovejoy Self-Working Table Magic: 97 Foolproof Tricks with Everyday Objects (Dover Magic Books) Martin Gardner's Table Magic First Peas to the Table: How Thomas Jefferson Inspired a School Garden Before We Eat: From Farm to Table PB&J Hooray!: Your Sandwich's Amazing Journey from Farm to Table Periodic Table Basic (Quickstudy: Academic) Periodic Table Advanced (Quickstudy Reference Guides -Academic) From Corn to Cereal (From Farm to Table)

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